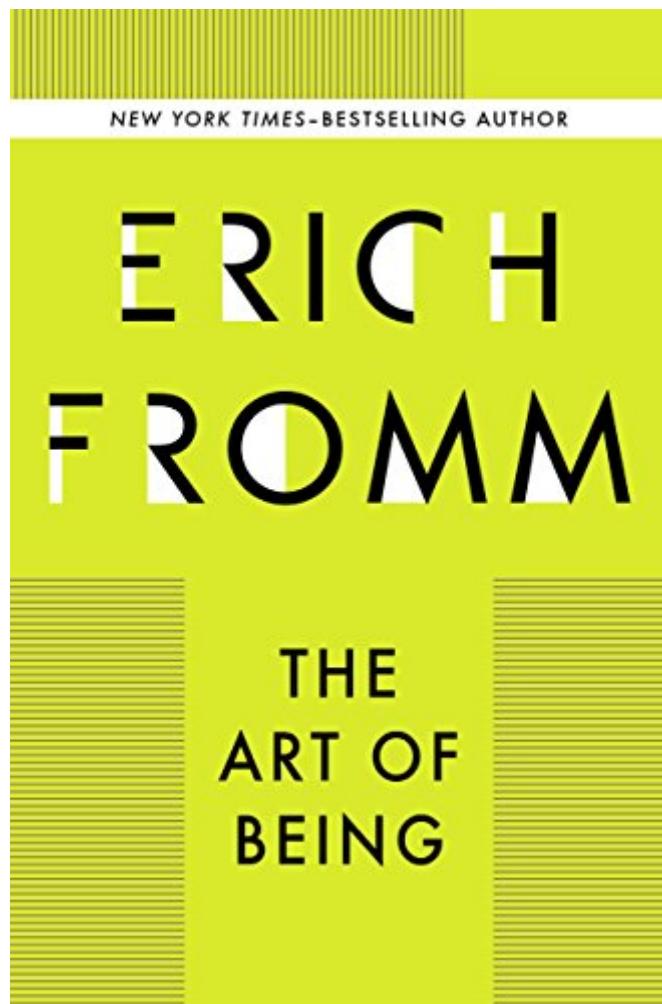


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# The Art Of Being



## Synopsis

Renowned social psychologist Erich Fromm outlines a guide to well-being in the modern age. Though laptops, smartphones, and TVs have in many ways made life more convenient, they have also disconnected us from the real world. Days are spent going from screen to machine, machine to screen. In *The Art of Being*, renowned humanist philosopher and psychoanalyst Erich Fromm draws from sources as varied as Sigmund Freud, Buddha, and Karl Marx to find a new, centered path to self-knowledge and well-being. In order to truly live, Fromm argues, we must first understand our purpose, and the places where we lost it. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

## Book Information

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## Customer Reviews

I found it very relevant and prophetic for the 21st century. I also found Fromm's treatment of democratic socialism interesting especially in light of our society's issues and conflicts of universal

health care and the 1% buying elections, ect... The introduction of the book does a great job of breaking down Fromm's thesis of the two orientations of modern man; "to have" and "to be". This section is worth the effort of the book in itself. I recommend reading *The Courage to Be* by Paul Tillich for a deeper treatment of "being".

Lots of unique and well presented thoughts and ideas. Some deep some remarkable simple, many requiring time to ponder and take in. This is my second read new discoveries were found old ones were renewed with deeper understanding. I look forward to reading it again. The book may not be for everyone but for me it is a keeper in my top ten.

There are lots of nice things that this book has to say. The discussion on money, the view of narcissism and how to be self aware is thought through. There are points however where I feel the author goes into spiritual views in regards to areas like meditation where he obviously has a bias towards. But that was a small section. For the most part it is a insightful read.

I love this book and listen to audio repeatedly and read it several times

A little hard to get into, but a decent read.

I was completely satisfied with this transaction. Excellent service and great product.

I first read this as a requirement in an undergraduate English class in my second year of college - 1967. I read it again in about 1981, and am reading it for the third time now. It impressed me quite a bit when I was 18, but now I have a much deeper appreciation for the wisdom and insight Fromm offers.

Great basic guide to living. Plan to give a copy to each of my teen agers. No mind-blowing revelations, but a great overall guide.

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